

ANNUAL UPDATE REPORT

VA HOMELESS WOMEN VETERAN'S PROGRAM

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North East Program Evaluation Center

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Status of the homeless women's program October 1, 2005

Executive Summary

- The Homeless Women Veterans Program (HWVP) was begun in 2000 in response to Congressional requests for more outcomes evaluations of homeless programs.
- Potential sites were asked to submit proposals for setting up a program in their city. Out of 17 submissions, eleven sites were chosen to implement the HWVP: Boston, Brooklyn, Tampa, Cleveland, Cincinnati, Atlanta, Seattle, Los Angeles, San Francisco, Dallas, and Houston.
- The programs are designed to provide outreach to the community to identify female veterans who were either literally homeless or at high risk of becoming homeless, provide case management for their medical and psychiatric needs, as well as provide assistance with navigating the VA and social welfare systems. They also provide contract residential treatment for women who need it, with non-profit programs in the community.
- To date, 2,163 women have been contacted by outreach workers and referred to the program, if eligible for VA services.
- There are currently 187 women actively receiving services through the program. Two sites (Cincinnati and San Francisco) have closed due to lack of staff and budget constraints.
- As to the clinical needs of these women (as determined by the case managers at the time of entry into the program), 85% needed substance abuse treatment, 72% needed medical treatment, 31% had non-combat PTSD for which they needed care, 5% had schizophrenia, and 58% had a mood disorder.
- As to services provided to these women by the program during the first three months of care, 23% were given supportive contact (the veteran did not want any treatment, but clinicians maintained contact in case of future need), 76% received referrals to other VA and non-VA services, 55% received active help with obtaining or keeping housing, 20% received rehab counseling from program staff, 20% received substance abuse treatment from program staff, and 22% were engaged in psychotherapy treatment with the treatment staff.
- The average length of stay in the program is between 7 and 8 months.
- Of all women, 23% had minor children for whom they were responsible. Of the women with children, 24% received help getting pediatric care for their children and 9% received help getting mental health care for their children. In addition, 6% of all the women received help for domestic violence issues.
- Of all the women, 11% were placed in non-VA residential treatment in the first three months of care, and an additional 11% were placed in VA residential treatment settings.
- The rates of homelessness decreased as women remained in the program: at baseline, 82% of the women were literally homeless. At three months 50% of the women were still homeless, at six months this had dropped to 35%, and at 12 months to 25%.

- The evaluation data indicate that the majority of women have serious trauma histories: 83% have a history of any serious life-threatening trauma, 67% had been raped (43% had been raped in the military), 64% reported physical harassment (38% harassment while in the military), and 57% had been attacked with a knife or gun. Only 12% had experienced combat-related gunfire.

Data from the I Form (Intake)

Table 1

- Table 1 describes the sociodemographic characteristics of the women who have been contacted by HWVP staff since the inception of the program.
- 95% of contacts were with women. The other 5% were male veterans who came into contact with outreach workers and were subsequently referred to HCHV or other VA mental health programs.
- 67% of contacts were with veterans of color. The majority were previously married.
- Fully 58% of contacts had some form of employment, while 19% were on disability and 20% were unemployed. However, only 15% had income of \$1,000 or more in the previous month.
- Rates of disability were 10% for psychiatric and 21% for medical reasons.
- 20% were on public support and 16% received non-VA disability payments.

Table 2

- The majority of contacts were with veterans of Post Vietnam or later eras. Only 8% had received fire in a combat zone.
- 82% of women were homeless at the time of contact with the program. Many women were contacted at shelters (29%) or other institutions (21%)
- The group as a whole had spent an average of 5 of the past 30 days in jail.

Table 3

- 58% reported that they had at least one medical problem at the time of contact
- The most commonly reported medical problems were orthopedic problems, dental problems, GI problems, physical trauma, and hypertension.
- 57% reported having a PAP smear in the previous year, and 46% had at least one mammogram

Table 4

- 22% reported current alcohol dependence, 24% reported current drug dependence, and 76% reported current psychiatric problems. The most prevalent reported psychiatric problems included anxiety (73%) and depression (68%).
- 5% had attempted suicide in the past 30 days, 21% had serious thoughts of suicide in the same time period, and 13% reported problems controlling violent behavior.
- 52% reported that they had taken psychiatric medications in the past 30 days.

Table 5

- In the judgment of the evaluating case manager, 85% of women needed substance abuse treatment, and 72% needed medical treatment.
- Only 16% were considered to be diagnosed with schizophrenia or other psychotic disorder
- Psychiatric disorders considered most prevalent by case managers included mood disorders (58%), adjustment disorder (35%), and non-combat PTSD (31%)

Table 6

- The majority of women were not new to the VA system—70% had received some VA services in the previous 6 months
- Contact was usually made in shelters or at VA program offices
- Only 20% of women were self-referred to the program, 32% were contacted through outreach by VA staff, and the rest were referred by other VA or non-VA providers
- While 78% were interested in receiving services through the program, 14% indicated they only wanted basic services, primarily involving help obtaining benefits

Table 7

- At intake into the program, the services considered most frequently for referral and treatment included basic services, medical services, psychiatric/substance abuse services, and social/vocational assistance.
- 25% were considered for referral to residential treatment services. It should be noted that this does not accurately assess the need for residential treatment—if such services were known to be unavailable, case managers were unlikely to report a plan to refer to such care.

Table 1: Sociodemographic characteristics of veterans contacted by HWVP outreach staff

| VARIABLES | TOTAL | |
|--------------------------------|-------|-------|
| | N | % |
| GENDER | | |
| MALES | 108 | 4.76 |
| FEMALES | 2163 | 95.24 |
| RACE | | |
| HISPANIC, WHITE | 145 | 6.43 |
| HISPANIC, BLACK | 70 | 3.11 |
| AMERICAN INDIAN, ALASKAN | 52 | 2.31 |
| BLACK, NOT HISPANIC | 1201 | 53.28 |
| ASIAN | 24 | 1.06 |
| WHITE, NOT HISPANIC | 762 | 33.81 |
| MARITAL STATUS | | |
| CURRENTLY MARRIED | 164 | 7.23 |
| PREVIOUSLY MARRIED | 1397 | 61.62 |
| NEVER MARRIED | 706 | 31.14 |
| USUAL EMPLOYMENT | | |
| FULL TIME | 638 | 28.31 |
| FULL TIME IRREGULAR | 316 | 14.02 |
| PART TIME | 107 | 4.75 |
| PART TIME IRREGULAR | 247 | 10.96 |
| STUDENT | 58 | 2.57 |
| SERVICE | 22 | 0.98 |
| RETIRED/ DISABILITY | 425 | 18.86 |
| UNEMPLOYED | 441 | 19.57 |
| INCOME 30 DAYS | | |
| NONE | 520 | 23.06 |
| \$1-\$49 | 88 | 3.9 |
| \$50-\$99 | 81 | 3.59 |
| \$100-\$499 | 578 | 25.63 |
| \$500-\$999 | 649 | 28.78 |
| \$1,000-OR MORE | 339 | 15.03 |
| SERVICE CONNECTED | | |
| PSYCHIATRIC | 219 | 9.67 |
| OTHER | 487 | 21.47 |
| NON-SC PENSION | 109 | 4.81 |
| NON VA DISABILITY | 362 | 15.97 |
| OTHER PUBLIC SUPPORT | 460 | 20.28 |
| #DAYS WORKED IN PAST MO | 3.61 | 7.51 |

Table 2: Period of service and living situation among veterans contacted during HWVP outreach

| VARIABLES | TOTAL | |
|--------------------------------|---------|--------|
| | N, MEAN | %, STD |
| PERIOD OF SERVICE | | |
| BEFORE VIETNAM | 57 | 2.52 |
| VIETNAM-ERA | 421 | 18.58 |
| POST VIETNAM | 1206 | 53.22 |
| PERSON GULF OR LATER | 582 | 25.68 |
| FIRE IN A COMBAT ZONE | | |
| NO | 2075 | 91.9 |
| YES | 182 | 8.06 |
| WHERE SLEEP LAST NIGHT: | | |
| OWN APARTMENT OR ROOM | 318 | 14.03 |
| INTERMITTENT RESIDENCE | 658 | 29.03 |
| INSTITUTION | 475 | 20.95 |
| SHELTER | 658 | 29.03 |
| NO RESIDENCE | 158 | 6.97 |
| HOW LONG HOMELESS | | |
| NOT CURRENTLY HOMELESS | 406 | 17.92 |
| < ONE MONTH | 475 | 20.96 |
| 1 MONTH TO 6 MONTHS | 633 | 27.93 |
| 6 MONTHS < 1YEAR | 269 | 11.87 |
| 1 YEAR < 2 YEARS | 185 | 8.16 |
| 2 OR MORE YEARS | 284 | 12.53 |
| UNKNOWN | 14 | 0.62 |
| AVERAGE DAYS SPENT IN: | | |
| OWN APT | 5.75 | 10.96 |
| SOMEONE ELSE'S APT | 10.25 | 12.9 |
| HOSPITAL OR NURING | 2.08 | 6.25 |
| DOMICILIARY | 1.07 | 5.19 |
| VA 1/2 WAY HOUSE | 0.57 | 3.62 |
| NON VA 1/2 WAY HOUSE | 1.09 | 5.3 |
| HOTEL | 1.47 | 5.53 |
| SHELTER | 4.55 | 9.52 |
| OUTDOORS | 1.37 | 5.3 |
| AUTOMOBILE | 0.75 | 3.94 |
| JAIL | 0.92 | 4.72 |
| NUMBER OF CHILDREN | | |
| # CHILDREN < 18 | 0.83 | 1.1 |
| # FULL CUSTODY | 0.5 | 0.95 |
| # JOINT CUSTODY | 0.12 | 0.47 |
| # NO CUSTODY | 0.25 | 0.74 |
| # < 18 LIVE WITH YOU | 0.38 | 0.84 |

Table 3: Medical problems among veterans contacted through HWVP outreach

| VARIABLES | TOTAL | |
|--------------------------|-------|-------|
| | N | % |
| ANY MEDICAL PROBLEMS | | |
| NO | 941 | 41.73 |
| YES | 1314 | 58.27 |
| DENTAL PROBLEMS | 936 | 41.42 |
| EYE PROBLEMS | 380 | 16.82 |
| HYPERTENSION | 470 | 20.81 |
| HEART PROBLEMS | 302 | 13.37 |
| COPD | 187 | 8.28 |
| TB | 51 | 2.26 |
| GI PROBLEMS | 501 | 22.19 |
| LIVER PROBLEMS | 214 | 9.48 |
| SEIZURE DISORDERS | 126 | 5.58 |
| ORTHOPEDIC PROBLEMS | 937 | 41.5 |
| SKIN PROBLEMS | 308 | 13.64 |
| PHYSICAL TRAUMA | 483 | 21.41 |
| OTHER | 793 | 35.1 |
| PAP SMEAR IN THE PAST YR | 1247 | 56.94 |
| MAMMOGRAM EVER | 1016 | 46.2 |

Table 4: Psychiatric and substance abuse problems in veterans contacted through HWVP outreach

| VARIABLES | TOTAL | |
|-------------------------|---------|--------|
| | N, MEAN | %, STD |
| ETOH DEPENDENT | 494 | 21.85 |
| ETOH DEPENDENT PAST | 966 | 42.74 |
| HOSPITALIZED ETOH EVER | 558 | 24.78 |
| DRUG DEPENDENT | 534 | 23.65 |
| DRUG DEPENDENT PAST | 936 | 41.45 |
| HOSPITALIZED DRUGS EVER | 715 | 31.76 |
| PSYCH PROBS | 1722 | 76.06 |
| HOSPITALIZED PSYCH | 1051 | 46.55 |
| SERIOUS DEPRESSION | 1528 | 67.64 |
| SERIOUS ANXIETY | 1644 | 72.71 |
| HALLUCINATIONS | 256 | 11.34 |
| TROUBLE UNDERSTANDING | 1271 | 56.34 |
| VIOLENT BEHAVIOR | 285 | 12.62 |
| THOUGHTS OF SUICIDE | 477 | 21.12 |
| ATTEMPTED SUICIDE | 106 | 4.69 |
| MEDS FOR PROBLEMS | 1180 | 52.19 |
| #OF DAYS USED ETOH | 2.6 | 6.46 |
| #OF DAYS INTOXICATION | 1.8 | 5.48 |
| #OF DAYS USED DRUGS | 1.8 | 5.79 |
| # OF DAYS USED > 1 DRUG | 1.16 | 4.53 |

Table 5: Clinical judgements of diagnoses among vets contacted through HWVP outreach

| VARIABLES | TOTAL | |
|-----------------------------|-------|-------|
| | N | % |
| VET NEEDS SUBSTANCE TX | 1934 | 85.35 |
| VET NEEDS MEDICAL TX | 1630 | 72.06 |
| ETOH DEPENDENT | 876 | 38.78 |
| DRUG DEPENDENT | 883 | 39.02 |
| SCHIZOPHRENIA | 114 | 5.04 |
| OTHER PSYCHOTIC DISORDER(S) | 242 | 10.71 |
| MOOD DISORDER(S) | 1317 | 58.35 |
| PERSONALITY DISORDER | 316 | 14.14 |
| PTSD COMBAT | 141 | 6.24 |
| PTSD NON-COMBAT | 695 | 31.05 |
| ADJUSTMENT DISORDER | 789 | 34.93 |
| OTHER DISORDER | 311 | 13.85 |

Table 6: Response of veteran to HWVP outreach contact

| VARIABLES | TOTAL | |
|----------------------------------|-------|-------|
| | N | % |
| ANY VA USE IN PAST 6 MOS | | |
| NO | 680 | 30.06 |
| YES | 1582 | 69.94 |
| INTERVIEW TOOK PLACE IN: | | |
| SHELTER OR TEMP HOUSING | 447 | 19.69 |
| STREET, PARK, OUTDOORS | 34 | 1.5 |
| SOUP KITCHEN | 6 | 0.26 |
| VAMC | 1246 | 54.89 |
| VET CENTER | 22 | 0.97 |
| SPEC HOMELESS PROGRAM | 212 | 9.34 |
| OTHER | 302 | 13.3 |
| HOW CONTACT WAS INITIATED | | |
| OUTREACH VA STAFF | 729 | 32.17 |
| REFERRED BY NON VA | 254 | 11.21 |
| REF BY VAMC INPATIENT | 198 | 8.74 |
| REF BY VAMC OUTPATIENT | 346 | 15.27 |
| VET CAME TO VET CENTER | 38 | 1.68 |
| SELF-REFERRED | 448 | 19.77 |
| SPEC HOMELESS PROGRAM | 110 | 4.85 |
| OTHER | 143 | 6.31 |
| VET RESPONSE TO CONTACT | | |
| DID NOT TALK TO VA STAFF | 28 | 1.24 |
| TALKED BUT NOT INTERESTED | 51 | 2.26 |
| IS INTERESTED IN FULL | 1768 | 78.3 |
| WANTS ONLY BASIC SERVICES | 324 | 14.35 |
| OTHER | 87 | 3.85 |

Table 7: Plans for referral and treatment of verterans contacted through HWVP outreach

| VARIABLES | TOTAL | |
|------------------------------|-------|-------|
| | N | % |
| BASIC SERVICES | 1902 | 83.75 |
| VA MED SERVICES | 1803 | 79.43 |
| NON-VA MED SERVICES | 233 | 10.27 |
| VA PSYCH/SUB SERVICES | 1686 | 74.27 |
| NONVA PSYCH/SUB/SERVICES | 273 | 12.04 |
| HELP WITH VA PEN/DISABILITY | 752 | 33.19 |
| RESIDENTIAL TX | 576 | 25.41 |
| VA DOMICILIARY | 221 | 9.75 |
| HELP WITH MILITARY DISCHARGE | 87 | 3.83 |
| LEGAL ASSISTANCE | 248 | 10.93 |
| SOC/VOC ASSISTANCE | 880 | 38.82 |
| HELP WITH DOMESTIC VIOLENCE | 203 | 8.94 |
| ASSISTANCE FOR CHILD | 303 | 13.35 |
| OTHER SERVICES | 590 | 26.04 |

Data from the CPF (Clinical Process Form)

Table 1

- Women were formally terminated from the program at the discretion of the case manager, when the client indicated that they no longer wanted services, or when the client had not kept appointments for an extended period, generally three months. Some women were maintained as clients but only received basic services or supportive contact. Others remained in active treatment with the program for an extended period.
- Between 12-17% of active clients were receiving supportive contact throughout the next 21 months.
- Links and referrals to VA care outside the HWVP continued to be an important part of the case management work.
- Only about 4-6% of clients were receiving active psychotherapeutic services from HWVP staff. This was largely a function of staff training and sophistication in mental health care.
- Rates of homelessness continue to drop over the course of the program, although they never drop below 15%. However, the drop is significant both clinically as well as statistically, from a baseline of 82%.
- The average clinical alliance with program staff was high and increased over the course of the program, indicating the strong clinical relationships that were formed by HWVP staff.

Table 2

- At three months, 46% of those with an initial contact who were enrolled were terminated from the program, either because they required very few services or because they were no longer willing to receive VA care (e.g. if they were required to become sober).
- At three months, 50% of women with an initial contact were still homeless, down from 82% at initial contact.
- The majority of case management work provided by program staff in the first three months of the program was focused on obtaining housing, benefits, and employment.
- Only 22% were successfully placed in community or VA residential treatment beds.

Table 3

- 23% of women in the program had minor children for whom they were responsible
- Case management work for mothers with children primarily involved obtaining appropriate pediatric care, and day care services and after school services for working mothers.
- Only 12 women could be placed into residential treatment with their children.

Table 1. Clinical outcomes over time among women enrolled in the Homeless Women Veterans Program

| | 3 MONTH | 6 MONTH | 9 MONTH | 12 MONTH | 15 MONTH | 18 MONTH | 21 MONTH | X ² | p value |
|-----------------------------|---------|---------|---------|----------|----------|----------|----------|----------------|---------|
| TOTAL N | 2109 | 1125 | 759 | 538 | 100 | 88 | 60 | 240.51. | 0.0001 |
| % TERMINATED | 46.33 | 31.47 | 24.77 | 23.42 | 25.32 | 30.56 | 30.61 | | |
| SERVICES MOST NEEDED | | | | | | | | 808.55 | 0.0001 |
| BASIC RELATIONSHIP | 15.8 | 7.37 | 3.99 | 2.22 | 1.9 | 0.38 | 0.55 | | |
| SUPPORTIVE CONTACT | 6.91 | 12.1 | 13.53 | 16.97 | 17.39 | 14.07 | 16.57 | | |
| LINKS OR REFERRAL | 30.7 | 20.04 | 17.24 | 15.56 | 11.96 | 10.65 | 14.92 | | |
| MONITORED | 16.39 | 25.43 | 29.06 | 32.53 | 32.07 | 38.78 | 33.15 | | |
| ASSIST HOUSING | 15.35 | 14.84 | 14.67 | 12.93 | 15.22 | 13.69 | 9.94 | | |
| REHAB COUNSELING | 2.38 | 3.78 | 4.42 | 3.84 | 3.8 | 3.8 | 3.87 | | |
| SUBSTANCE TX | 8.05 | 11.15 | 11.25 | 10.3 | 11.68 | 11.41 | 12.71 | | |
| PSYCHOTHERAPEUTIC | 4.42 | 5.29 | 5.84 | 5.66 | 5.98 | 7.22 | 8.29 | | |
| % LITERALLY HOMELESS | 49.67 | 35.47 | 27.4 | 24.72 | 25.06 | 20.42 | 15.82 | 415.66 | 0.0001 |
| % CONTRACTED RES. TX | 10.73 | 13.32 | 9.54 | 7.84 | 6.35 | 4.5 | 3.57 | 75.09 | 0.0001 |
| % VA RES. TREATMENT | 10.97 | 11.62 | 12.57 | 10.15 | 9.87 | 9.03 | 9.18 | 9.67 | 0.0001 |
| CLINICAL ALLIANCE | 3.58 | 3.75 | 3.8 | 3.92 | 3.98 | 3.97 | 4.09 | | |
| MEAN (SD) | 1.33 | 1.27 | 1.26 | 1.28 | 1.25 | 1.23 | 1.2 | | |

Table 2. Clinical outcomes at three months by site for women in the HWVP

| VARIABLES | TOTAL | |
|------------------------------------------------------------|-------|-------|
| | N | % |
| % TERMINATED | 977 | 46.33 |
| REASON FOR TERMINATION | | |
| ACTIVE SUBSTANCE ABUSE | 91 | 9.27 |
| WOULD NOT TOLERATE CLOSE INVOLVEMENT | 153 | 15.58 |
| IN THIS CITY TRANSIENTLY AND HAS MOVED ON | 127 | 12.93 |
| PURSUING SPECIFIC THERAPEUTIC OR OCCUPATIONAL RESOURCES | 105 | 10.69 |
| ACCOMPLISHED GOALS OF LIMITED IMPROVEMENT | 165 | 16.8 |
| ACCOMPLISHED SIGNIFICANT GOALS NO FURTHER EXPRESSED NEED | 105 | 10.69 |
| PARTICIPATION NO POSSIBLE BECAUSE OF DEMANDS OF CHILD CARE | 7 | 0.71 |
| OTHER (e.g. PHYSICAL ILLNESS, DEATH) | 229 | 23.32 |
| HOMELESS | 1048 | 49.67 |
| SERVICES PROVIDED | | |
| SECURE EMPLOYMENT | 266 | 12.7 |
| OBTAIN INCOME | 395 | 18.85 |
| LOCATE APT | 400 | 19.09 |
| LIVING SITUATION | 262 | 12.51 |
| HOUSE VOUCHER | 128 | 6.11 |
| HELP MOVE | 100 | 4.77 |
| OBTAIN SUPPLIES | 116 | 5.54 |
| SERVICE FOR CHILD | 105 | 5.04 |
| DOMESTIC VIOLENCE | 119 | 5.67 |
| OTHER | 1330 | 63.48 |
| CONTRACT SERVICES | 225 | 10.73 |
| VA RES/TX | 229 | 10.97 |

Table 3. Services arranged for children of women enrolled in the HWVP during their first three months

| VARIABLES | TOTAL | |
|-------------------------------|-------|-------|
| | N | % |
| % WITH MINOR CHILDREN | 474 | 23.22 |
| SVCS ARRANGED FOR KIDS | | |
| DAY CARE SERVICES | 80 | 17.78 |
| RESIDENTIAL CARE | 12 | 2.68 |
| AFTER SCHOOL SERVICES | 47 | 10.51 |
| PEDIATRIC CARE | 109 | 24.33 |
| MENTAL HEALTH CARE | 42 | 9.35 |
| SUBSTANCE ABUSE TX | 6 | 1.33 |
| OTHER | 44 | 9.8 |

**VA HOMELESS WOMEN'S PROGRAM
INTAKE FORM**

Staff Member's Name _____

Office Use Only DO NOT CODE

Date of Intake (mm, dd, yy)..... ____/____/____ (1)

VA Facility Code ____ (7)

I. VETERAN DESCRIPTION

1. Veteran's Name (last name, first initial) (**please print**) _____ (10)

2. Social Security Number ____ - ____ - ____ (30)

3. Date of Birth (mm, dd, yy)..... ____/____/____ (39)

4. Gender (**Code:1=Male 2=Female**) ____ (45)

5. Ethnicity (**code only one**)..... ____ (46)

- | | | |
|--------------------|-----------------------------|------------------------|
| 1. Hispanic, white | 3. American Indian, Alaskan | 5. Asian |
| 2. Hispanic, black | 4. Black, not Hispanic | 6. White, not Hispanic |

6. Current marital status (**code only one**)? ____ (47)

- | | | |
|--------------|--------------|------------------|
| 1. Married | 3. Widowed | 5. Divorced |
| 2. Remarried | 4. Separated | 6. Never married |

II. MILITARY HISTORY

7. Period of Service (choose **longest** one) ____ (48)

- | | | |
|---------------------------|-----------------------------|--------------------------|
| 1. PreWW II (11/18-11/41) | 5. Between Korean and | 8. Persian Gulf (8/90-) |
| 2. WW II (12/41-12/46) | Vietnam Eras (2/55-7/64) | 9. Post-Persian Gulf |
| 3. Pre-Korean (1/47-6/50) | 6. Vietnam Era (8/64-4/75) | |
| 4. Korean War (7/50-1/55) | 7. Post-Vietnam (5/75-7/90) | |

8. Did you ever receive hostile or friendly fire in a combat zone? (**0=No 1=Yes**) ____ (49)

III. LIVING SITUATION

9. Where did you sleep last night (**choose only one**)? ____ (50)

- | | |
|-----------------------------------------|--------------------------------------|
| 1. Lives in own apartment or room | 4. Shelter/Temporary Housing Program |
| 2. Lives in intermittent residence | (no or minimal treatment) |
| with friends or family | 5. No residence (e.g., outdoors, |
| 3. Institution (e.g., hospital, prison, | abandoned building) |
| residential treatment facility) | |

10. How long have you been homeless (**choose only one**)?..... (51)

- | | |
|---------------------------------|----------------------------------------|
| 0. Not currently homeless | 3. At least 6 months, less than 1 year |
| 1. Less than one month | 4. At least 1 year, less than 2 years |
| 2. Between 1 month and 6 months | 5. Two years or more |
| | 6. Unknown |

11. During the past 30 days (1 month), how many days did you sleep in the following kinds of places? (**Note: Estimates may often be necessary here. In such cases, make sure the number of days adds up to 30**)

- | | |
|----------------------------------------------------------------------------------------------|------|
| a. Own apartment, room or house | (52) |
| b. Someone else's apartment, room or house | (54) |
| c. Hospital or nursing home (including detox centers with medical staff on-site) | (56) |
| d. Domiciliary | (58) |
| e. VA contracted halfway programs (eg. Homeless women or HCMI contract) | (60) |
| f. Non-VA halfway house program | (62) |
| g. Hotel, Single Room Occupancy (SRO), boarding home | (64) |
| h. Shelter for the homeless (including detox centers with no medical staff on-site) | (66) |
| i. Outdoors (sidewalk, park), abandoned building | (68) |
| j. Automobile, truck, boat | (70) |
| k. Prison, jail | (72) |

IV. MEDICAL

12. Do you feel you have any serious medical problems
(**veteran's perception**)? 0=No 1=Yes (74)

13. Does the veteran have or has the veteran complained of any of the following medical problems?

- | | | |
|--------------------------------------------|------------|------|
| a. Oral/dental problems | 0=No 1=Yes | (75) |
| b. Eye problems (other than glasses) | 0=No 1=Yes | (76) |
| c. Hypertension | 0=No 1=Yes | (77) |
| d. Heart or cardiovascular problems | 0=No 1=Yes | (78) |
| e. COPD/emphysema..... | 0=No 1=Yes | (79) |
| f. TB | 0=No 1=Yes | (80) |
| g. Gastrointestinal problems..... | 0=No 1=Yes | (81) |
| h. Liver disease | 0=No 1=Yes | (82) |
| i. Seizure disorder | 0=No 1=Yes | (83) |
| j. Orthopedic problems | 0=No 1=Yes | (84) |
| k. Significant skin problems..... | 0=No 1=Yes | (85) |
| l. Significant physical trauma..... | 0=No 1=Yes | (86) |
| m. Other (specify.....) ... | 0=No 1=Yes | (87) |

14. Has the veteran had a physical exam in the past year? **0=No 1=Yes** _____ (88)
15. Has the veteran had a PAP smear in the past year? **0=No 1=Yes** _____ (89)
16. Has the veteran ever received a mammogram? **0=No 1=Yes** _____ (90)

V. SUBSTANCE ABUSE

17. Do you have a problem with alcohol dependency now
(**veteran's perception**)? **0=No 1=Yes** _____ (91)
18. Have you ever had a problem with alcohol dependency? **0=No 1=Yes** _____ (92)
19. Have you ever been hospitalized for alcoholism? **0=No 1=Yes** _____ (93)
20. During the past 30 days, how many days would you say that you used any alcohol
at all? (**If none, skip to number 21**) _____ (94)
- 20a. During the past 30 days, how many days would you say
that you drank to intoxication? _____ (96)
21. Do you have a problem with drug dependency now
(**veteran's perception**)? **0=No 1=Yes** _____ (98)
22. Have you ever had a problem with drug dependency? **0=No 1=Yes** _____ (99)
23. Have you ever been in a residential treatment program or hospitalized for treatment
of drug dependency? **0=No 1=Yes** _____ (100)
24. During the past 30 days, how many days would you say that you used any other drugs,
such as heroin or methadone; barbiturates (downers); cocaine or crack; amphetamines
(speed); hallucinogens, like acid; or inhalants, like glue or nitrous oxide? (**If none,
skip to number 26**). _____ (101)
25. During the past 30 days, how many days would you say you used more than
one kind of drug? _____ (103)

VI. PSYCHIATRIC STATUS

26. Do you think that you have any current psychiatric or emotional problem(s) other than
alcohol or drug use? **0=No 1=Yes** _____ (105)
27. Have you ever been hospitalized for a psychiatric problem (**Do not include substance
abuse treatment**)? **0=No 1=Yes** _____ (106)

28. Have you used the VA medical system for medical and/or psychiatric care in the past 6 months? **0=No 1=Yes**_____ (107)
29. Now I'm going to ask you about some psychological or emotional problems you might have had in the past 30 days. You can just say "yes" or "no" for these. During the past 30 days, have you had a period (that was not the direct result of alcohol or drug use) in which you...
- a. experienced a serious depression **0=No 1=Yes**_____ (108)
 - b. experienced serious anxiety or tension..... **0=No 1=Yes**_____ (109)
 - c. experienced hallucinations..... **0=No 1=Yes**_____ (110)
 - d. experienced trouble understanding, concentrating,
or remembering **0=No 1=Yes**_____ (111)
 - e. had trouble controlling violent behavior **0=No 1=Yes**_____ (112)
 - f. had serious thoughts of suicide **0=No 1=Yes**_____ (113)
 - g. attempted suicide..... **0=No 1=Yes**_____ (114)
 - h. took prescribed medication for a psychological/
emotional problem **0=No 1=Yes**_____ (115)

VII. EMPLOYMENT STATUS

30. What was your usual employment pattern over the past three years..... _____ (116)
(choose only one)?
- | | | |
|--------------------------|-------------------------------|-----------------------|
| 1. Full time (40 hrs/wk) | 4. Part time (irreg. daywork) | 7. Retired/disability |
| 2. Full time (irregular) | 5. Student | 8. Unemployed |
| 3. Part time (reg. hrs.) | 6. Service | |
31. How many days did you work for pay in the past 30 days?..... _____ (117)
32. Do you currently receive any of the following kinds of public financial support:
- a. Service Connected/Psychiatry **0=No 1=Yes**_____ (119)
 - b. Service Connected/Other..... **0=No 1=Yes**_____ (120)
 - c. Receives NSC pension **0=No 1=Yes**_____ (121)
 - d. Non-VA disability (eg SSDI) **0=No 1=Yes**_____ (122)
 - e. Other public support (including cash and inkind services) .. **0=No 1=Yes**_____ (123)
33. How much money did you receive in the past thirty days
(include all sources of income: work, disability payments, panhandling,
plasma donations etc.)(choose one)?..... _____ (124)
- | | | |
|---------------------|----------------|--------------------|
| 1. No income at all | 3. \$50-\$99 | 5. \$500-\$999 |
| 2. \$1-\$49 | 4. \$100-\$499 | 6. \$1,000 or more |

VIII. CHILDREN

34. How many children do you have (over or under 18)? (If **NONE** go to item 40) (125)
35. What is the total number of children you have under 18? (127)
36. How many children under the age of 18 do you have full custody of? (129)
37. How many children under the age of 18 do you have joint custody of? (131)
38. How many children under the age of 18 do you have no custody of? (133)
39. How many children under the age of 18 live with you now?..... (135)

| |
|-----------------------------------------------------------|
| QUESTIONS 40-46 TO BE ANSWERED BY INTERVIEWER ONLY |
|-----------------------------------------------------------|

IX. TREATMENT NEEDS

40. Does this veteran need psychiatric or substance abuse treatment at this time?..... **0=No 1=Yes**..... (137)
41. Does this veteran need medical treatment at this time?..... **0=No 1=Yes**..... (138)
42. Which of the following psychiatric diagnoses apply to this veteran?
- a. Alcohol Abuse/Dependency **0=No 1=Yes**..... (139)
 - b. Drug Abuse/Dependency **0=No 1=Yes**..... (140)
 - c. Schizophrenia **0=No 1=Yes**..... (141)
 - d. Other Psychotic Disorder..... **0=No 1=Yes**..... (142)
 - e. Mood Disorder **0=No 1=Yes**..... (143)
 - f. Personality Disorder (DSM-IV, Axis 2)..... **0=No 1=Yes**..... (144)
 - g. PTSD from Combat **0=No 1=Yes**..... (145)
 - h. Non-Combat PTSD..... **0=No 1=Yes**..... (146)
 - i. Adjustment Disorder **0=No 1=Yes**..... (147)
 - j. Other Psychiatric Disorder..... **0=No 1=Yes**..... (148)
43. Where did this interview take place (**choose only one**)? (149)
- | | | |
|-----------------------------------------------------------------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------|
| 1. Shelter or temporary housing for homeless 2. Street, Park, Outdoors | 3. Soup Kitchen 4. VAMC 5. Vet Center | 6. At special program for homeless 7. Other _____ |
|-----------------------------------------------------------------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------|

44. How was contact with this program initiated (**choose only one**)? (150)

- | | |
|----------------------------------------------------------------------------------|--------------------------------------------------------|
| 1. Outreach initiated by VA staff | 5. Veteran came to Vet Center |
| 2. Referred by shelter staff or other non-VA staff working in a homeless program | 6. Self-referred |
| 3. Referral from VAMC inpatient unit | 7. Through VA presence at special program for homeless |
| 4. Referral from VAMC outpatient unit | 8. Other _____ |

45. Veteran response to contact (**choose only one**)..... (151)

- | | |
|-------------------------------------------|----------------------------------------------------------------|
| 1. Would not talk to VA staff | 3. Is interested in full range of VA services for the homeless |
| 2. Talked; not interested in any services | 4. Only interested in basic services |
| | 5. Other |

46. What are your immediate plans for referral or treatment of the veteran at this time?

- | | | |
|-----------------------------------------------------------------------|------------------|-------|
| a. Basic services (food, shelter, clothing, financial assistance) ... | 0=No 1=Yes _____ | (152) |
| b. VA medical services | 0=No 1=Yes _____ | (153) |
| c. Non-VA medical services | 0=No 1=Yes _____ | (154) |
| d. VA psychiatric or substance abuse services | 0=No 1=Yes _____ | (155) |
| e. Non-VA psychiatric or substance abuse services..... | 0=No 1=Yes _____ | (156) |
| f. VA pension or disability application | 0=No 1=Yes _____ | (157) |
| g. Contract residential treatment through HW Program..... | 0=No 1=Yes _____ | (158) |
| h. VA Domiciliary Care Program..... | 0=No 1=Yes _____ | (159) |
| i. Upgrading of military discharge | 0=No 1=Yes _____ | (160) |
| j. Legal assistance..... | 0=No 1=Yes _____ | (161) |
| k. Social vocational assistance..... | 0=No 1=Yes _____ | (162) |
| l. Domestic violence services | 0=No 1=Yes _____ | (163) |
| m. Assistance for children of veteran | 0=No 1=Yes _____ | (164) |
| n. Other | 0=No 1=Yes _____ | (165) |

**VA HOMELESS WOMEN'S PROGRAM
CASE MANAGEMENT PROCESS FORM**

"SINCE" DATES:

3 months ago....(mm/dd/yy)....__ __/__ __/__ __ **DO NOT CODE**

1. Case Manager's Name _____ (1)
2. VA Facility Code __ __ __ (41)
3. Date of this report.....(mm,dd,yy) __ __/__ __/__ __ (44)

I. VETERAN DESCRIPTION

4. Veteran's Name _____ **DO NOT CODE**
5. Social Security Number..... __ __ __ - __ __ - __ __ __ (50)
6. Veteran's date of birth...(mm,dd,yy) __ __/__ __/__ __ (59)
7. What number in the sequence of follow-up reports is this? (65)
- | | | |
|--------------|-------------------------|-------------------------|
| CODE: | 1 = 3 month CPF | 5 = 15 month CPF |
| | 2 = 6 month CPF | 6 = 18 month CPF |
| | 3 = 9 month CPF | 7 = 21 month CPF |
| | 4 = 12 month CPF | 8 = 24 month CPF |

II. PARTICIPATION/TERMINATION

8. What was the most recent date on which you had clinical contact with this veteran as part of the homeless women's program?.....(mm/dd/yy) __ __/__ __/__ __ (66)
9. Has this veteran terminated involvement in your program, since the initial contact or since the last follow-up interview? (Consider her as terminated if, in your judgment, you do not anticipate additional contact with this veteran)
- CODE: NO = 0, YES = 1** (72)

If NO, (veteran has not terminated) go on to Section IV on p.3;

If YES, (veteran has terminated) complete Section III on the next page and the remainder of the form.

III.REASONS FOR TERMINATION

10 - 17. Which of the following, in your clinical judgment, are reasons why this veteran terminated involvement in the Homeless Women's program? CODE: NO = 0, YES = 1

10. Veteran returned to active substance abuse ____ (73)
11. Veteran would not tolerate close involvement with
Homeless Women's Program case manager ____ (74)
12. Veteran was in this city transiently and has moved on ____ (75)
13. Veteran terminated to pursue specific therapeutic or
occupational resources in a location that precluded further
participation in the Homeless Women's Program ____ (76)
14. Veteran accomplished his/her goal of limited
improvement in this situation ____ (77)
15. Veteran accomplished significant goals and/or
obtained access to services and had no further expressed
need of this program..... ____ (78)
16. Continued participation was not possible because of the
demands of child care ____ (79)
17. Other (e.g. physical illness, death) (specify: _____) ____ (80)
18. Which of the reasons listed in 10 - 17 above, was the most important reason
why this veteran terminated ____ (81)

CODE: Select from 10-17

Important: Complete remainder of form.

IV. TREATMENT RELATIONSHIP

19-28. Which of the following descriptions of the treatment relationship pertains to the clinical work with this veteran during the past 3 months? Answer 1 = YES if the description represents the relationship during that time, 0 = NO if it does not. If the veteran "terminated" her involvement with the program during the last three months, this question refers to the period of her involvement that fell within the last three calendar months.

CODE: NO = 0, YES = 1

19. Worked to establish a basic relationship in the face of veteran's distrust or suspiciousness..... _____ (82)
(Note: Do not include relationship building that did not meet with resistance from the veteran)

20. Kept up supportive contact: Veteran did not seek help or personal change, but continued contact with clinician _____ (83)

21. Made links or referral to resources..... _____ (84)

22. Actively monitored the veteran to assure continued use of resources that have been obtained..... _____ (85)

23. Provided practical assistance around housing and/or housing retention issues .. _____ (86)

24. Engaged in rehabilitation counseling or "living skill" oriented treatment..... _____ (87)

25. Engaged in substance abuse treatment or counseling _____ (88)

26. Engaged in "psychotherapeutic" relationship, (employing concepts from psychodynamic, behavioral, cognitive behavioral, family systems or other "school" of therapy) _____ (89)

27. Which one of the above descriptions of the treatment relationship best describes your overall work with the veteran during the past 3 months _____ (90)
CODE: Select from question numbers 19-26

28. Which one of the above descriptions of the treatment relationship best describes your work with the veteran currently _____ (91)
CODE: Select from question numbers 19-26
CODE 0 IF CLINICAL RELATIONSHIP HAS ENDED

29. Please answer the following questions about your current relationship with this veteran. Using the scale shown here, code one response ["0" Never to "6" Always] for each of the following:

| | | | | | | |
|--------------|---------------|---------------------------|------------------|--------------|-------------------|---------------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| Never | Rarely | Occasion- ally | Sometimes | Often | Very Often | Always |

CODE 0 - 6:

- a. This veteran and I have a common perception of her goals..... ____ (92)
- b. The current goals of our work are not important to this veteran ____ (93)
- c. We have established a good understanding of the kinds of changes that would be good for her..... ____ (94)
- d. We are working toward mutually agreed upon goals..... ____ (95)
- e. I do not feel confident in my ability to help this veteran ____ (96)

V. SERVICES PROVIDED

30. The following is a list of services that may be provided to veterans in the homeless women's program. Which of these services have you or other members of the Homeless Women's staff directly provided to this veteran, during the past three months?

CODE: 0 = NO, 1 = YES

- a. Helped to secure employment..... ____ (97)
- b. Helped to obtain source of income, other than employment ____ (98)
- c. Helped locate a new apartment..... ____ (99)
- d. Helped negotiate living situation with landlord..... ____ (100)
- e. Helped obtain extension, renewal or modification of housing voucher ____ (101)
- f. Helped veteran move into a new apartment..... ____ (102)
- g. Helped veteran to obtain supplies or furnishings for new apartment..... ____ (103)
- h. Helped obtain services for veteran's children..... ____ (104)

CODE: 0 = NO, 1 = YES

i. Helped obtain services for domestic violence..... (105)

j. Other (106)

VI. CONTACTS WITH CASE MANAGER

31. How many clinical or case management contacts have staff of the Homeless Women's Program had with this veteran during the last 3 months... (107)

32. What is the length of an average contact you have had with this veteran during the last 3 months? (109)

**1 = Less than 15 minutes
2 = 15 minutes to one hour.
3 = 1 hour to 2 hours.
4 = more than 2 hours.**

33. How many of the contacts in the past 3 months have included the veteran's children? (110)

VIII. HOUSING STATUS

34 – 43. To the best of your knowledge, in which of the following did the veteran sleep at least one night during the last three months:

CODE: 0 = NO, 1 = YES

34. Outdoors (e.g. street, car, woods)..... (112)

35. Shelter for the homeless (113)

36. Residential treatment from the VA homeless women's program contract (114)

37. Halfway house, residential Rx program, not paid through homeless women's program contract (115)

38. VA Domiciliary (116)

39. Jail or Prison (117)

40. Health Care Institution (hospital or nursing home) (118)

41. Own apartment, room, or house (119)

42. Someone else's apartment, room, or house (120)

43. Other (specify _____) (121)

44. In which of these did the veteran usually sleep during the past three months? (122)

CODE: Select from questions 34-43, as above.

45. Where was the veteran staying the last time a Homeless Women's Program case manager had contact with her? (124)
CODE: Select from questions 34-43, as above.

IX. PARTICIPATION IN VA CONTRACTED RESIDENTIAL TREATMENT

46. Has this veteran received contracted residential services from a non-VA Residential program, through the Homeless Women's Program, during the past three months? (126)
CODE: 0 = NO, 1 = YES.

46A. **If YES**, what was the total number of nights spent in contracted residential treatment programs during the past three months (127)

47. Has this veteran received residential treatment from a VA Residential program (DCHV, CWT/TR, PR RTP etc.) program, during the past three months? (129)
CODE: 0 = NO, 1 = YES.

47A. **If YES**, what was the total number of nights spent in VA residential treatment programs during the past three months (130)

X. CHILD SERVICES

48. Does the veteran have minor children (i.e. under the age of 18) for whom she is responsible? (132)
CODE: 0 = NO, 1 = YES.

IF VETERAN HAS NO CHILDREN UNDER THE AGE OF 18 GO TO SECTION XI

48a. How many days in the past 90 has the veteran been living with at least one of her minor children in a supervised residence (i.e. a formal VA or non-VA residential program)? (133)
CODE: 0 to 90 days

48b. How many days in the past 90 has the veteran been living with at least one of her children in an independent residence in the community ? (135)
CODE: 0 to 90 days

48c. How many days in the past 90 has the veteran been living with at least one of her children in a homeless shelter or other homeless situation? (137)
CODE: 0 to 90 days

48d. Where did the child mostly stay in the past 90 days?..... (139)

- 1 = With veteran in supervised residence
- 2 = With veteran in the community
- 3 = With other family member
- 4 = In foster care/ other institution
- 5 = Other (please specify_____)

49. For each **child-service** listed below, indicate whether the service was provided to one or more of the veteran's children and which of the following types of agency provided the service.

- 1= Non-VA Agency with no formal tie to a VA program
- 2= Non-VA Agency funded by other VA homeless programs
- 3= Non-VA Agency under contract with Homeless Women's Program
- 4= VA program

Yes=1,No=0 IF YES:
Agency
Code 1-4

- a. Day care services..... (140)
- b. Residential care (child only apart from veteran) (142)
- c. After school program (144)
- d. Pediatric care (non-mental health) (146)
- e. Mental health care/counseling..... (148)
- f. Substance abuse treatment/counseling (150)
- g. Other..... (152)

XI. SEEKING SAFETY

IF YOU PROVIDED ANY SEEKING SAFETY SERVICES TO THIS CLIENT IN THE PAST 3 MONTHS PLEASE COMPLETE THE FOLLOWING SECTION.

50. How many sessions of seeking safety did the veteran attend in the past three months? _____

- a. How many were provided by HWVP staff, as part of Phase II.....
- b. How many were provided by HWVP staff, but **not** as part of Phase II
- c. How many were provided by other clinicians as part of Phase II.....
- d. How many were provided by other clinicians but **not** as part of Phase II... ..

Please rate by using the scale.

| Very Unsafe 0 | A little Unsafe 1 | Neutral 2 | A little safe 3 | Very Safe 4 |
|------------------|----------------------|--------------|--------------------|----------------|
|------------------|----------------------|--------------|--------------------|----------------|

51. How SAFE do you currently feel the veteran is in...

- a. Their life, overall? _____
- b. Their physical environment (home, neighborhood)? _____
- c. The care of their body? _____
- d. Their feelings?..... _____
- e. Their thoughts? _____
- f. Their relationships with family? [if no family, check here:____]..... _____
- g. Their relationships with friends? [if no friends, check here:____]..... _____
- h. Their relationship with your primary therapist?..... _____